

Practitioner FAQs



What type of food intolerances do you test?

ImuPro tests for **type 3 allergy toward food proteins, mediated by IgG antibodies.**

Because type 3 food reactions can be delayed and are not life-threatening, they are often referred to as “food intolerances”.

However, unlike other types of intolerances (lactose, fructose, salicylates), **IgG food allergies involve an immune response to food that triggers low grade inflammation and chronic symptoms.** We also test for DAO histamine intolerance, which can be conducted on the same blood sample.

How do I know if my patient needs to test for IgG food reactions?

ImuPro tests are suitable for both **preventative and corrective health care.** Many patients choose to test even without obvious symptoms. This is because **inflammation does not always lead to a visible or felt symptom,** and identifying potential food triggers is an excellent step to prevent symptom onset. However, there are some telltale signs that your patient is living with delayed food allergies:

- Irritable Bowel Syndrome & Inflammatory Bowel Disease
- Chronic headache or migraine
- Chronic skin conditions incl eczema or acne
- Joint pain, rheumatoid arthritis
- Chronic fatigue
- Can't lose weight despite calorie deprivation
- Difficulty recovering from exercise

Practitioner FAQs



How can I refer patients for testing?

If you have not already registered as an ImuPro practitioner, please sign up [here](#). We will then be in touch with an application form and further practitioner resources. Once you have registered, we will provide you with an **online referral form** and payment options. Simply fill in patient details on this form and email it to us at enquiries@imupro.com.au.

If you see patients face to face, **ask us about stocking test kits in your clinic**. Otherwise, we post kits to patients upon referral. From there, the patient can **attend their local pathology** and provide our request form for a small blood draw. This will be spun down so the serum is on top and is stable at room temperature for 8 days and can be refrigerated for 3 weeks. The patient will place their sample in the provided transport tube and **express post to ImuPro**. Please note that we do not provide post bags, and pathology charge a separate \$25 fee for blood collection.

If the patient is near Sydney CBD, they may prefer to drop their sample to us in person at 601/46 Market St Sydney.

How long do results take and how do I access them?

IgG results: Please allow 10-14 business days.

Histamine, Advanced Cholesterol, NeuroSpot and IgE: Please allow 10-20 business days.

All results are sent to you as the referring practitioner via email. We will not send results to your patients unless this is indicated on the referral.

Practitioner FAQs



I work in multiple clinics, can I set up separate accounts?

No problem. Send us the details of each clinic and we will attach them to your account. We can provide you with additional referral forms so that results are sent to the correct email.

How does ImuPro compare with other IgG tests?

The main point of difference with ImuPro is that **our lab is exclusively dedicated to IgG testing**; it is our core specialty since 2005. We do not run hundreds of routine pathology tests, so our **lab technicians are experts in this field** and our comprehensive reporting reflects this. We are the largest IgG test available worldwide, testing 270 individual foods.

ImuPro is **IVDR certified** and each allergen is registered with individualised cut-off points. Importantly, our testing plates include the **raw and cooked proteins** of a food so that results are relevant. We test on **blood serum only** which is considered the best sample for measuring IgG antibodies because it is **free of cellular components** and other interfering factors found in whole blood (e.g. finger prick methods).

Patients can choose to add on or upgrade certain tests without the need for a new sample.

Can I see a sample report?

Absolutely, just email us at enquiries@imupro.com.au once you have a registered account. We now consolidate the Report, Personal Nutrition Guide and Recipe documents all into a single PDF.

Practitioner FAQs



What other diagnostic tests can I refer for?

Aside from IgG and histamine food intolerances, we provide testing for advanced cholesterol profiling, neurotransmitters, cortisol & DHEA and IgE classic allergies. These will be available on your personalised referral form.

What kind of support do I receive for interpreting the results?

You will see that **ImuPro reporting is uniquely comprehensive and end-user friendly**. We provide you with a step by step guide to help patients with the 5 week elimination, and practical advice for the food challenge or “provocation” phase.

We also support our practitioners with a monthly newsletter featuring the latest clinical news, business updates and through our library of practitioner resources, available anytime.

If you have a question you are always welcome to get in touch with us by calling **1300 481 151** or emailing enquiries@imupro.com.au.

We are always happy to help, and are available **Mon-Fri 9am-5pm AEST**.

Can I send my patients to you to handle any questions?

You are welcome to refer patients back to us with questions. However, please note that due to our loyalty to practitioners we will refer patients back for complex questions regarding treatment etc.