

IMUPRO AND FASTING

Fasting before the ImuPro test?

When considering fasting or not before the test, one has to say that not IgG themselves are the problem. They are stable, they don't follow a circadian rhythm and they are independent of intake of food.

Yet the test itself is not independent from intake of food. Lipaemia (too much fat in the blood) could interfere with the test. Lipaemia can be a metabolic disease. In patients with metabolic disorders, it can be evident after an even longer time. In normal persons, it shows up to two hours after the intake of food.

Recommendation: The test should be done at least two hours after the intake of food; the food should not have been high-fat.

It is not advisable to do the test if less than two hours have passed after the last meal.

